

How to Give Naloxone

Speaker 1: What's the one thing you can carry to save a friend's life if they're experiencing an opioid overdose? That's right. Carrying Naloxone and knowing how to use it is sort of like knowing CPR.

Naloxone can reverse an opioid overdose and save a friend's life, literally, in minutes. And even if someone isn't experiencing an overdose on an opioid, it won't harm them. Now, here's how to use it.

If you think a friend is overdosing, call 911 immediately, and don't worry about getting in trouble. Good Samaritan laws will protect you. Make that call. Open up the first dose of Naloxone, insert the Naloxone into one nostril, and press the plunger. Clock two minutes on your phone to see if they wake up. If they don't, give them the second dose in the opposite nostril. Repeat every two minutes until they wake up. And if they wake up angry or upset, you didn't hurt them, it's their body's natural response. Be sure to stay with them until help arrives in case they overdose again when the Naloxone wears off. If they do, give them another dose. That's how you can be prepared to save a life.